

# PSALM 62

**SUNDAY 16th AUGUST 2020**



## BIBLE

### PSALM 62

Ask God for help for yourself and the church as we read His word.  
Read Psalm 62.

## LISTEN

### SERMON BY SPENCER CRITOPH

Follow the link in the email to listen to a sermon on this passage.

## REFLECTION

### QUESTIONS AND NOTES

What can make our world or life feel shaky?

v1-2

- Spend time thinking about each description of God in v1-2.
  - What is each seeking to communicate and what is the impact?
  - Think about the significance of how David repeats 'my'
- David states that he will never be shaken
  - Why does he say that and what is our honest response?
- The words 'truly', 'surely' and 'yes' are all the same word in the original. It communicates surety hence (truly and surely) but also communicates exclusivity (other translations use the word only)
  - What difference does knowing that make to our reading of the Psalm?

V 3-4

- What troubles did David face?
- What troubles of this type might we face in our lives?
  - How might these make us feel shaky?
- How does knowing David faced real troubles affect how we read his rock solid confidence that he will not be shaken?

V5-7

- What are the differences in v5-6 compared to v1-2. Why do you think there are these changes?
- Share a time when it has been helpful to repeat truth or preach to yourself.
  - Why do we need to repeat truth to ourselves if we already believe it?

V8-10

In these verses David turns from speaking to himself to speaking to the people. He calls them to trust God and highlights that trusting in anyone or anything else will ultimately be shaky ground.

- What can we turn to when troubled that is ultimately shaky ground?

V11-12

- How do these verses give us confidence in the God being our rock, salvation and fortress?
  - Think about God's power, love and justice
- How can we view this Psalm through what Jesus has done?

Summarise and Apply

- What in this passage leads us to worship Jesus?
- What do we learn about ourselves from this passage? How does it lead us to give thanks or repent?
- How might this help us share the good news with our friends and neighbours who don't know Jesus?

## PRAYER

### RESPOND TO GOD IN PRAISE AND PLEADING

Use psalm 62 to help you structure your prayers. Pray in response to the passage, for yourself, the church and others.

